

NEED HELP QUITTING TOBACCO?

Tobacco use is the leading preventable cause of disease, death, and disability. Tobacco kills more people than alcohol, AIDS, car crashes, illegal drugs, murders, and suicides combined

In Arkansas, nearly 5,800 people die from tobacco-related illnesses each year.

One of the most important calls a tobacco user can make is to Be Well Arkansas at 833-283-WELL (833-283-9355)

It is free and confidential.



833-283-WELL
bewellarkansas.org

Quit Tobacco • Manage Diabetes or High Blood Pressure



**THE CENTER FOR HEALING
HEARTS & SPIRITS**
2416 South Chester Street
Little Rock, AR 72206

What is THE CENTER FOR HEALING HEARTS & SPIRITS?



**We Connect People To
Services That Affect
Their Hearts, Minds,
Souls and Bodies.**



A project of the Women's Council
on African American Affairs, Inc.

PLACE
STAMP
HERE



**We Connect
People To Services
That Affect Their
Hearts, Minds,
Souls and Bodies.**

2416 South Chester Street
Little Rock, AR 72206
Office: 501-372-3800
Fax: 501-372-2150
hhscenter@sbcglobal.net
www.hhscenter.org

ABOUT US

The Center for Healing Hearts and Spirits is a project of the Women's Council on African American Affairs, Inc. (WCAAA)



*Joyce Raynor
Executive Director*

Our mission is to promote and nurture individuals in areas of education, economic and community development, healthcare issues, public safety and race relations.

The Center for Healing Hearts and Spirits was created to assist victims of violent crimes and chronic illness and their affected families to improve the quality of their economic and social environment, transition back into the workforce and to provide for self-sufficiency.

OUR CLIENTS

- Victims of Child Abuse
- Victims of Domestic Abuse
- Victims of Elder Abuse
- Victims of General Assaults
- Victims of Sexual Assault
- Victims of Rape
- Homicide Survivors and Suicide Survivors/Families
- Chronically ill Individuals
- Mentally Challenged/Homeless Populations
- Dislocated/Displaced Workers
- Other Desperately Affected Populations
- At-Risk Youth and Adults

OUR SERVICES

- Victim's Services
- Rape Crisis Program
- Community Assistance Programs
- Homelessness Outreach Efforts
- Holiday Family Assistance Program
- Annual Back-to-School Drive
- Tobacco Prevention and Cessation Education
- Sexual Assault Prevention Program
- Suicide Prevention Program
- Underage Drinking, Marijuana and Opioid Abuse Programs
- Emergency Domestic Violence Shelter Services Program

OUR PROGRAMS

- FVPSA-Victim Services Program
 - Emergency Domestic Violence Shelter Services501.370.4852 - hhscenter.org
- STOP Services Program
 - Rape Crisis Program24-Hour Hotline
1.855.6.HELP.4.U (1.855.643.5748)
- Sexual Assault Awareness Program
501.372.3800 - hhscenter.org
- VOCA - Mentoring / Capacity Building Program
501.372.3800 - hhscenter.org
- Suicide Prevention Program
501.372.3800 - hhscenter.org
- Youth & Homeless Outreach Programs
hhscenter.org
- Tobacco Prevention Programs
 - Be Well Arkansas833-283-WELL
bewellarkansas.org
- Partnerships for Success Program
 - RAAD - Rise Above Alcohol & Drugs501.372.3800 - hhscenter.org

