

# TRANSITIONS

Volume 7, Issue 2 • 2009

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## WOMEN'S COUNCIL ON AFRICAN AMERICAN AFFAIRS-TOBACCO FREE COALITION RECEIVES \$75,000 FOR TOBACCO CONTROL EFFORTS FROM THE ARKANSAS DEPARTMENT OF HEALTH TOBACCO PREVENTION AND CESSATION PROGRAM

The Arkansas Department of Health Tobacco Prevention and Cessation Program (TCPCP) has funded the Women's Council on African American Affairs (WCAAA) Tobacco Free Coalition \$75,000 to continue efforts to decrease and eliminate tobacco use in Pulaski, Prairie, Saline and Garland Counties. "Coalitions and other grantees are a critical part of TCPCP's tobacco control Strategy," said Dr. Carolyn Dresler, TCPCP director. "They act as our hands and feet in local Arkansas communities, interacting and helping real citizens and providing feedback on how we can improve our efforts statewide."

The Women's Council on African American Affairs-Tobacco Free Coalition has experienced growth and success in its collaboration with TCPCP. The Women's Council on African American Affairs-Tobacco Free

Coalition has been funded by the Arkansas Department of Health-TCPCP Division since 2003. For more than six years they have worked successfully to reduce youth access to tobacco products, reduce second-hand smoke, create

marketing and advertising efforts.

With the new allotment of funds, the Women's Council on African American Affairs-Tobacco Free Coalition has developed a work plan to most effectively spend the dollars. Through

the \$75,000 grant offering the Women's Council on African American Affairs-Tobacco Free Coalition plans to accomplish its goals of: Building coalitions and including diverse partners; Creating tobacco-free environments; Reducing youth access to tobacco products; Promoting cessation among youth and

adults; and Decreasing advertising and promotion of tobacco. The WCAAA Tobacco Free Coalition also seeks to advocate for enforcement and enhancement of tobacco laws such as Act 8 and Act 13 to protect the youth and adults in the targeted counties.



tobacco-free environments and promote quitting among adults and youth. In 2008, the coalition enrolled over 75 smokers in cessation programs, disseminated more than 10,000 educational brochures and reached over 500,000 Arkansans through



Senator Blanche Lincoln  
visits Center - PG 6

A Helping Hand In Times of Crisis  
SEE BACK COVER TO FIND OUT HOW YOU CAN HELP





## WCAAA TOBACCO-FREE COALITION HOSTS BUSINESS-BEFORE-BREAKFAST

On July 28, 2009, nearly 20 anti-tobacco advocates including representatives from UAMS, Arkansas State Chamber of Commerce, Arkansas Human Development Corporation, The Design Group, and the American Cancer Society, Office of Senator Blanche Lincoln, Little Rock School District, WE CAN Inc., and area youths, gave the WCAAA Tobacco-Free Coalition a jump start to its new year during a breakfast meeting at the Center for Healing Hearts and Spirits office. The group

gathered to discuss their plans to fight the spread of tobacco use. Senator Joyce Elliott joined the group make check presentations on behalf of the State of Arkansas. During her presentation, she applauded the coalitions past work, but reminded and encouraged them to be vigilant in addressing the tasks that will soon come before them. If you would like to join the coalition or become an anti-tobacco advocate, you may contact us at 501-372-3800.



Senator Joyce Elliott presents WCAAA Tobacco-Free Coalition with \$57,724 from UAPB for minority initiative.



# 2009

Arkansas Department of Workforce Services presents the **GET IN THE GAME**  
Entrepreneurial Conference & Career Development Expo



**November 3-4**  
8:00 a.m. - 3:00 p.m.  
**Verizon Arena**

★ ★ ★

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# STOP DOMESTIC VIOLENCE Workshop

## OBJECTIVES

1. To identify best practices for intervention by multiple professionals who come into contact with domestic violence victims.
2. To discuss the complexity of domestic violence situations.
3. To recognize the signs of abuse and victimization.
4. To discuss how a coordinated community response benefits the victims of domestic abuse

## WHO SHOULD ATTEND

- Domestic Abuse Victims
- Advocates
- Law Enforcement individuals
- Concerned Citizens

## WHAT IS DOMESTIC ABUSE / VIOLENCE?

Domestic abuse, also known as spousal abuse, occurs when one person in an intimate relationship or marriage tries to dominate and control the other person.

### Domestic Abuse Statistics

Every year in the United States, domestic violence account for some 1,200 deaths and 2 million injuries among women, and almost 600,000 injuries among men.\*

- A woman is battered once every 15 seconds somewhere in America.
- Domestic violence cuts across all racial, religious, ethnic and socioeconomic groups.
- 85% of women in substance abuse programs are victims of domestic violence.
- 63% of all boys ages 11 to 20 that commit murder, kill the man who was abusing their mother.

**A workshop specifically designed to educate, advocate and lead the way to social change.**

**Tuesday, October 20, 2009 • 8:30 a.m. – 1:00 p.m.**

**Willie Hinton Neighborhood Resource Center**

**305 W. 12th St., Little Rock, AR**

**Register today! Call 372-3800.**

*Presented By*

**CENTER FOR HEALING HEARTS AND SPIRITS, INC.**

**BLACK-ON-BLACK CRIME COALITION • LITTLE ROCK POLICE DEPARTMENT  
OMEGA PSI PHI, INC. (PI OMICRON CHAPTER)**

This Project, Presentation, Training, and/or Document is supported by a grant from the Office for Victims of Crime, Office of Justice Programs, United States Department of Justice (Grant No. 2008-DD-BX-0592). Points of view in this project, presentation, training and/or document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

*Sponsored By*



**National Black Police Association - LR**

**BLACK ON BLACK  
CRIME COALITION**



**STAMP OUT SMOKING**  
ARKANSAS DEPARTMENT OF HEALTH

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1-800-QUIT-NOW



PO Pi Omicron Chapter  
Omega Psi Phi Fraternity, Inc.  
Little Rock, Arkansas

*Workshop Partners*

**Arkansas Coalition Against Domestic Violence • Department of  
Workforce Svcs • Family Service Agency, Inc. • Safe Places, Inc.**

### Stop Domestic Violence Workshop Registration Form

Seating is limited and first-come, first-served. Sign up today!

Name \_\_\_\_\_

Address \_\_\_\_\_

Personal Phone \_\_\_\_\_

Personal E-mail \_\_\_\_\_

Number attending: \_\_\_\_\_

Please return this form by Oct. 9, 2009 to Joyce Raynor.

By fax: (501) 372-2150. By e-mail: hhscenter@sbcglobal.net

For more information, call (501) 372-3800.

## PROGRAM AGENDA

8:30 a.m.

**Continental Breakfast  
and Registration**

9:00 a.m.

**Program Overview**

Ms. Joyce Raynor,  
Executive Director  
*Center for Healing Hearts  
& Spirits*  
Director Ken Richardson  
*Little Rock City Board  
of Directors*

9:15 a.m.

**Rights & Responsibilities**

Asst. Chief Carlos Corbin  
Lt. Ernest Whitten, LRPD  
Ms. Candi Hause, LRPD  
Mr. Will Jones  
*Prosecuting Attorneys  
Office  
Pulaski County*

**Signs & Impact of Abuse**

Dr. Derek Lewis

11:15 a.m.

**Break**

11:30 a.m.

**Victims Services**

Mrs. Pat Blackstone  
*AR Coalition Against  
Domestic Violence*  
Ms. Angela McGraw  
*Safe Places, Inc.*  
Ms. Linda Tucker  
*Family Services Agency*  
Ms. Joyce M. Raynor

Testimonial

12:30 p.m.

**A Lunch-N-Learn**

1:00 p.m.

**Adjourn**

*A project of the Women's Council of  
African American Affairs, Inc.  
"We Connect People To Services That Affect  
Their Hearts, Minds, Souls and Bodies."*





Presents

# THAT'S WHAT'S UP: SEX, LIES, VIOLENCE, DRUGS AND THE TRUTH ABOUT IT ALL!

A conference specifically designed to educate youths and young adults on the realities of life, reducing risky behaviors, and empowering them to survive by making the right choices.

SAT., OCT. 17, 2009  
8:00 A.M. - 2:00 P.M.  
DUNBAR COMMUNITY CENTER  
1001 W. 16TH STREET  
LITTLE ROCK, AR 72202

Call 372-3800 to register!

Sponsored by



Arkansas Division of  
Youth Services/DMC



PO Pi Omicron Chapter  
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Little Rock, Arkansas

Special Thanks to Our Partners

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LITTLE ROCK JOB CORPS  
LITTLE ROCK SCHOOL DISTRICT  
NEW FUTURES FOR YOUTH  
NORTH LITTLE ROCK SCHOOL DISTRICT  
POSITIVE ATTITUDE REACHES KIDS (P.A.R.K.)  
PULASKI COUNTY YOUTH SERVICES  
PULASKI TECHNICAL COLLEGE  
WORKING TO EMPOWER CHURCHES  
AND NEIGHBORHOODS, INC.  
(WECAN, INC.)

## AGENDA

8:00 a.m.

**Registration and Continental  
Breakfast**

8:20 a.m.

**Welcome and Conference Instructions**

8:30 a.m.

**Save It! Zip It! On the Know 'bout Sex**

12 and Up

*Presenter*

MR. LEROY RANDOLPH  
AR DEPARTMENT OF HEALTH

Ages 9 to 11

*Presenter*

OFFICER ROBERTA DOUGLAS  
ARKANSAS DEPARTMENT  
OF COMMUNITY CORRECTION

9:30 a.m.

**Just as Stupid When You Do It!**

*Presenter*

MR. ELROY BROWN  
MISSISSIPPI COUNTY TOBACCO-  
FREE COALITION

All Ages

10:10 a.m. **Breakout**

10:20 a.m.

**Conference Track One (30 min. each)**

**Lessons for a Queen**

*Presenter*

MS. LASHANNON SPENCER  
DIR. OF EMPLOYEE RELATIONS  
ST. ROSE DOMINICAN HOSPITALS/  
WCAA BOARD

Females ages 10 - 13

Females ages 14 and up

**Recognizing the Game**

MR. TERRY RAYNOR

Females ages 10 - 13

MR. KAREEM MOODY  
PULASKI TECHNICAL COLLEGE

Females ages 14 and up

**How to be a Playa**

MR. REGINALD MERRITT  
LITTLE ROCK SCHOOL DISTRICT

Males ages 10 - 13

MR. JAMES MCCARTHER  
GLOBAL SERVICES

Males ages 14 and up

**Being the King of the Hill**

MR. WILLIAM YOUNG  
STEP UP SUPPORT CENTER

Males ages 10 - 13

MR. KAREEM MOODY

Males ages 14 and up

11:20 a.m.

**Break and Reconvene (all ages)**

11:30 a.m.

**Conference Track Two (all ages)  
Choices, Consequences and the  
Bottom Line: Conflict Resolution  
and Discipline**

*Presenter*

SR. MASTER RICHARD E.  
ANDERSON  
ANDERSON TAEKWONDO

12:00 p.m.

**This is How You Do It!**

*Presenter*

MASTER JORDAN CULPEPPER  
BUTTONS BY JORDAN  
TEENPRENEUR AWARD WINNER

12:30 p.m.

**Lunch Forum  
From the Streets to College**

2:00 p.m.

**Rap It Up! Pay Up!**

**Adjourn**



A project of the Women's Council on  
African American Affairs, Inc.

# STAMP OUT SMOKING

1-800-QUIT-NOW.

501-375-HEAL(4325)

www.hhscenter.org

Center for Healing Hearts & Spirits  
2416 S. Chester, Little Rock, AR 72206



STAMP OUT SMOKING  
ARKANSAS DEPARTMENT OF HEALTH

stampoutsmoking.com  
Call it quits.  
1-800-QUIT-NOW



Funding provided through  
the Governor's Department  
of Health and the National  
Cancer Institute's Tobacco Use  
Prevention Program.

The Center for Healing Hearts and  
Spirits, through its collaborators,  
provide individuals with tobacco  
prevention education on the ills  
of tobacco products' usage.

Each year in the U.S., smoking kills more  
people than murder, AIDS, drug abuse,  
alcohol, car crashes, fires and suicides  
combined. Health care costs in Arkan-  
sas alone total more than six hundred  
and thirty million dollars a year.



"We Connect People To Services  
That Affect Their Hearts, Minds,  
Souls and Bodies."

Joyce M. Raynor  
Executive Director

Presented by the



# Woman thou art worthy

## Empowerment Conference

### host committee

Wanda Bynum Ashley  
The Design Group  
Barbara Douglas  
Tamika Edwards  
Joyce Elliott  
Regina Favors  
Yolanda Hughes  
Lori Lemley  
Annette Lindsey  
Susie Marks  
Deun Ogunlana  
Joyce Raynor  
LaShannon Spencer  
Alma Stewart  
Mary Louise Williams

Thursday, November 5, 2009 • 6:00 p.m. - 9:00 p.m.  
Dunbar Community Center • 1001 West 16th Street, Little Rock

This three-hour conference empowers women in areas of Spirituality, Economic Development, Health and Wellness, and Finance. Women will meet other women who are practitioners of self-empowerment; women who have moved from co-dependency to self sufficiency, from displacement to entrepreneurship, from low self-esteem to bold faith, and from “faking it” to “making it.” Truly a conference for women by women! Only \$35 to participate. To register, please call 372-3800.

### special thanks to our sponsors



## r.s.v.p.

Please complete this information form and send it and your \$35 donation to: CHHS, 2416 S. Chester, Little Rock, AR 72206  
For more information, please contact us at 501-372-3800 or joyce.raynor@sbcglobal.net

Name \_\_\_\_\_ Guest Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_ Amount Enclosed \_\_\_\_\_



# SENATOR LINCOLN TOURS CENTER

Friday, August 14, 2009



Raye Loyd greets Senator Lincoln.



Dr. Carolyn Dresler thanks Senator Lincoln for her work in Tobacco Prevention on Capitol Hill.



Sen. Lincoln encourages the Henderson Family to learn all they can this school year and to enjoy their school supplies.



Senator Lincoln thanks Mrs. Lindsey for her volunteerism with the Center as her granddaughter looks on.



James McCarther, Martie North, Charles Deville and Tamika Edwards look on as Senator Lincoln receives award.



Susie Marks & Joyce Raynor present Senator Lincoln with Leadership Award during visit.



Healthcare Reform is a priority for Senator Lincoln.



Chief Carlos Corbin (r) as Myron Jackson and Sabra Miller look on.



Raye Loyd (l) & Alma Stewart (c)



Lynn Lincoln (top left) & Pat Blackstone (below right) greet Senator Lincoln and staff.



"Senator, we are so blessed to have our seniors and our youth here at the Center. Mr. Robert Rawls (l), Ms. Martika Mason (lower l), and Mrs. Dorothy Raynor (above).



"Senator Lincoln, thank you for keeping our concerns on your agenda."



## SPECIAL THANKS TO OUR 2008-2009 DONORS AND SPONSORS

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Justice Commission

Arkansas Minority

Health Commission

Wanda Bynum Ashley

AT&T

Bank of the Ozarks

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Betty Conner

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John E. Green Jr.

Stella Hayes

Office of Senator Blanche Lincoln

Lynn Lincoln

Annette Lindsey

Raye Loyd

Little Rock Police Department

Pulaski Height Methodist Church

– Wesley Sunday

School Class

St. Vincent/Catholic

Health Initiatives

Susie Marks

James McCarther

Nancy McGill

Leroy Randolph

Carol Silverstrom

Mary Louise Williams

## STRAIGHT TALK FROM THE COUNCIL'S CORNER



**Susie Marks**  
**Council Chairman**

Today, I can boast of the many successes of the Women's Council over the past 10 years, but I must also speak of the countless heart breaks that have also occurred in our community. We have often heard the phrase "a woman's work is never done" – but with the current economic and emotional climate, we must expand that statement by saying "a community's work is never done". The Women's Council's goals facilitated through the Center have created statewide awareness of the grim effects of Black-on-Black crime and domestic violence – social issues that were previously swept under the rug. Violent crime affects us all and it should concern us all. It should be treated as "high importance" whether

it occurs on Wall Street or Main Street whether the victim is poor or affluent, white, black, or other.

As Council Chairman, I want to personally thank all of you that have helped us not only survive some tumultuous times, but helped us grow during these times. Growth does not always refer to finances – your assistance has aided our growth in areas of creating community awareness, spurring volunteerism, and advocacy. We have a small staff with big hearts who works with great volunteers who really believe in and carry out our mission. We are ecstatic when individuals 'take the leap of faith' to become a volunteer. If you are ready to make that decision and you are unsure of where you fit in the organization, the following is a list current Center programs that need you: Victim Services, Tobacco Prevention & Cessation, Evening to Heal a Heart, Black-on-Black Crime, Domestic Violence Forums, Back to School Drives, Teen Conference, Woman, Thou Art Worthy Empowerment Conference, and Annual Holiday Drive.

## CALENDAR OF EVENTS

**Congressional MED Week**  
*Sept. 6 -12, 2009*

**Annual Striking Out Tobacco in Arkansas Conference**  
*September 2009*

**Annual Teen Conference**  
Dunbar Community Center  
*October 17, 2009*

**National Domestic Violence Week Observance**

**Domestic Violence Workshop**  
*October 20, 2009*

**Red Ribbon Week Outreach**  
Area Schools  
*October 23 – 31, 2009*

**Woman, Thou Art Worthy Conference**  
Dunbar Community Center  
*November 5, 2009*

**Great American Smoke-out**  
*November 19, 2009*

**American Diabetes Month Lunch –N-Learn**  
*November 18, 2009*

**Smoke-free Homes for the Holidays Campaign**  
*Nov. 23, 2009 – Jan 5, 2010*

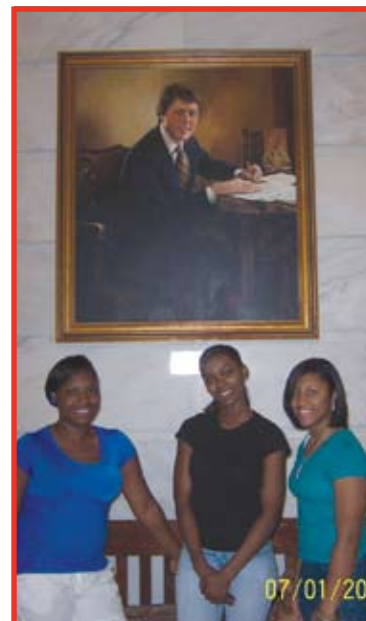
**World Aids Day Community Awareness Forum**  
*December 1, 2009*

## RECOMMENDATIONS FROM THE EXECUTIVE DIRECTOR

### For The Body

Advice to Live By – The 10 Things Women Need to Know About Heart Disease

1. Heart disease is the #1 killer of American women
2. Cardiovascular disease kills more women than men
3. Cardiovascular disease can be different in women
4. Signs and symptoms of heart disease can be different in women
5. Some tests are less accurate in women
6. Today treatment options exist for heart disease
7. Women can reduce their risk of heart disease
8. Know your numbers
9. Adopt the AHA's heart healthy lifestyle
10. Every woman can take action to improve their heart health



*Summer interns attend press conference at the Arkansas State Capitol, Rotunda where Idonia Trotter, JD, MPS is introduced as the new Medical Director of Arkansas Minority Health Commission.*

*( Left to right are: Martika Mason, Kiara Anderson & Marcie Flowers)*

## CHANGE AGENTS

***Have you ever wondered how you could make a positive difference in the lives of others with the limited resources that you have? Or see or hear about someone who did something simple but it was monumental in someone else's life? We all have the same opportunities to affect change and bring joy, if not for a lifetime, maybe a brief moment. We can all be "Change Agents." The Center is proud to know of individuals in our community who are change agents. We are spotlighting two such individuals this quarter.***

### Ms. Betty Conner

Ms. Betty Conner, owner and CEO of Betty's Beauty Bazaar and Barber Express. She discreetly and professionally provides a countless number of young women with hair care services, mentoring, meals, and clothing and affords them with various opportunities to assist build life skills. Although a proud mother of two adult children and grandmother of seven grandchildren, it often becomes difficult to distinguish her biological children from the numerous young women she mentors. Studies show that there are 12.9 million single-parent families in America. Ms. Conner has firsthand knowledge about that statistic. Raising her two boys on her own, she readily understands the difficulties that other single parents face. She uses her knowledge and her tremendous amount of love to help those who can learn from



her experiences or those who simply need a little guidance. She finds herself serving as a mentor and employer to young men and women who are facing some of life's most difficult challenges. However, she never brags about how she helps others. Instead, her actions encourage others to be more compassionate and helpful to those in need. Her unselfish contributions and dedication to her community are the reasons why we wanted to recognize Ms. Betty Conner as one of our Change Agents.

### Rev. James McCarther

We also recognize Reverend James McCarther, owner and CEO of Global Services, Inc. Rev. McCarther provides janitorial and food services to various individuals and organizations in Arkansas. His infectious laugh instantly brightens our day and his heart of gold eagerly seeks to help children in need. He often tells us "just tell me what you need for the babies; you know I am there for them." Whether he provides financial support for the back-to-school drive or serves as a presenter for our teen forums, his tireless



commitment to our youth is unmatched. He uses his talents and skills to serve as a mentor to young men by teaching them the importance of hard work and discipline. We are proud to salute our advocate for the youth in our community, Rev. James McCarther!

## Research That Pays

### The First Step to Employment

These difficult economic times have left us or someone we know jobless. Whether it's you, a family member or a friend, you need a plan to get back on your feet—you need a plan that pays. Here is the first of a three step plan that will get you started and help you land the job you want.

#### Prepare:

When you prepare for your next job interview, be sure to research the company you will interview with. The internet has a wealth of information and would be a great place to begin the research on your company. You will definitely want to tap into your network and ask your family, friends and colleagues to tell you what they know about the company. Set a date to take a trip to the company where you will interview. This will let you map out your route to your interview and plan your trip time. Be sure to research the route during the same time of day you will be going to your interview. You will be able to plan your time better so that you can arrive at your interview 15 minutes early. This is...research that pays.

*S. Ellis*

## STATEWIDE GRANTEES ATTEND "TECHNICAL ASSISTANCE WORKSHOP"

On July 22 and 23, Tobacco Prevention Advocates from across Arkansas convened at the Arkansas River Education Service Co-operative building in Pine Bluff, Ark., to attend the Technical Assistance Training Workshop. This training workshop, required by University of AR Pine Bluff Minority Initiative Sub-Recipient Grant Office and the Arkansas

Department of Health Tobacco Prevention & Cessation Program, covered important topics such as; Writing Smart Objectives, Coding, Evaluation, Online Reporting, Effective Media Use and Measures of Success. Participants left with a greater sense of knowledge, pride in confidence in the work they do.



# ARKANSAS MINORITY HEALTH COMMISSION SEARCH FOR EXECUTIVE DIRECTOR YIELDS DIAMOND IN OWN BACK YARD

By Vivian L. Flowers

The Arkansas Minority Health Commission has been working hard for the people of Arkansas for 18 years. What began as an unfunded entity voluntarily supported by Dr. Elders' Department of Health staff and members of the Arkansas Legislative Black Caucus in the early 90's has grown into a fully funded, independent state agency with nearly a dozen staff and a budget of close to one and a half million dollars. However, last year the Commission was faced with an untimely transition period in the wake of a legislative session and controversy around tobacco funded programs. At a time when minority health and racial/ethnic health disparities have never been more critical in Arkansas, or the nation for that matter, the Commission is meeting the monumental challenges of its mission and of "the times." We are meeting those challenges successfully, creatively, and aggressively; and intend for that success to elevate to the "next level" under the leadership of its new

Executive Director, Idonia L. Mitchell Trotter, JD, MPS.

With support from Governor Beebe, the Arkansas Legislative Black Caucus, and Interim Director Freeman McKindra; the Commission engaged a national search for a new executive director, and found the perfect leader right here in our own backyard. Trotter seemed to be specifically trained to lead the Commission with a background that encompasses public health advocacy, program development and management, team and coalition building, policy advocacy, legal and political analysis and action, the list goes on and on. A recent graduate of the Clinton School of Public Service and the William Bowen School of Law, Trotter's juris doctorate and master's degrees are impressive and certainly qualify her to lead the Commission on paper. But as, if not



Idonia L. Mitchell Trotter, JD, MPS

more important, are her experiences as a community organizer and grassroots specialist for the Coalition for a Tobacco Free Arkansas, as well as office manager and field representative for the 4th Congressional District. With professional experience in marketing and broadcast communications, Trotter is a masterful communicator whose passion knows no bounds.

Her passion for justice incited her work in the development and implementation of the juvenile drug court for Arkansas' 11th Judicial District, and in her research for a human rights attorney in Belize that led to pilot funding of a study to remedy system shortcomings in the policing and prosecutions of sexual assaults against women. She also came to the Commission with a passion for public health issues as

a result of a personal life story. She was a caregiver to her mother (the late Ruby Freeman Ford) for the last three years of her life, during which Trotter witnessed her mother's slow death to lung cancer in 2000 due to secondhand smoke. Whatever mission is placed before her, she approaches with zeal, eloquence and excellence. In her new role as Executive Director for the Arkansas Minority Health Commission, Idonia L. Mitchell Trotter will lead utilizing her academic knowledge and skills, her vast and diverse career experiences, and a level of passion that will surely help the Commission meet its mission to ensure "all Minority Arkansans access to health care that is equal to the care provided to other citizens of the state and to seek ways to provide education, address issues and prevent diseases and conditions that are prevalent among minority populations."

*Vivian L. Flowers, MPS, has served on the Arkansas Minority Health Commission since 2000 and was elected Chair of the Commission in 2008. Flowers works as Director of Recruitment for Diversity at UAMS.*

## AFTERSCHOOL AND SUMMER PROGRAM ENJOY ANOTHER SUCCESSFUL YEAR!

The WCAAA/Brothers United Neighborhood Afterschool and Summer Program enjoyed another successful year with youth from the midtown area. Nearly 20 students were enrolled for the winter and spring and 27 during the summer program. Each day, participants spent time with their mentors going through academic drills, worksheets, and exercises meant to prepare them for the next school year. The young people also enjoyed supervised activities like board games, video games, basketball, jump rope, and dodge ball. On many occasions participants were able to better develop their computer skills by

completing tasks using the computers in the computer lab. In addition to nourishing their mental capacities, participants also received a nutritious lunch. The program also exposed the youth to various cultural and recreational opportunities such as the Museum of Discovery, the Game and Fish Commission's Nature Center, the State Capitol, the Mosaic Templars Cultural Center, and Magic Springs. At the Museum of Discovery, the youth participated in arts and crafts. During the trip to the Mosaic Templars Cultural Center the participants learned more about the rich history of African Americans in Arkansas and made buttons that

represented their favorite causes. At the Game and Fish Nature Center, they were saw different types of aquatic life that call Arkansas home. During their trip to the State Capitol, they meet Governor Beebe's Deputy Chief of Staff, Lamar Davis, the most senior African American in the Beebe Administration. The participants also had an opportunity to visit with a distinguished group of African leaders who traveled to Arkansas as a part of a diplomatic exchange program that was sponsored by the U.S. Department of State. For many of the youth, this experience constituted the first time that they had come in to contact with a person from a different country. They asked many questions about the different cultures in the eight African countries that were represented. For many of the youth, this was the highlight of their summer. One of

the key components to their success this summer was the assistance provided by the youth who worked in the City of Little Rock's summer youth employment initiative. The youth workers assigned to the Center's site were hard-working, courteous, and respectful, but most importantly, they were patient and kind to the program participants. For more information about the program, call 372-3800.



*Youth learn different cultures in the 8 African countries from African community leaders, sponsored by US State Dept.*



*Students visit State Capitol and learn how government works from Mr. Lamar Davis, Asst. Chief of Staff.*



## LITTLE ROCK JOB CORP PRESENTATION ON VIOLENCE & TOBACCO PREVENTION



Joyce Raynor presents to nearly 150 students at the Little Rock Job Corp. She shares the ills of tobacco products as well as the laws and penalties they can be imposed if they are not adhered to. Students were surveyed on their usage of tobacco and their knowledge of Act 8 and Act 13. Ms. Raynor also presented on domestic violence trends and signs.



Little Rock Job Corps Center supports the Job Corps program's mission of teaching eligible young people the skills they need to become employable and independent and placing them in meaningful jobs or further education. Little Rock Job Corps Center is overseen by the Dallas Regional Office of Job Corps and is operated by Adams & Associates, Inc. Our Center Director is Lorraine Lane.

## VICTIMS Services Program

*We assist crime victims and their affected families to improve the quality of victim's services delivery in high-crime, urban and rural areas of Pulaski County. For more information, contact the Center for Healing Hearts and Spirits at 501-370-4TLC (4852).*



***"We Connect People To Services That Affect Their Hearts, Minds, Souls and Bodies."***

2416 South Chester Street, Little Rock, Arkansas 72206  
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## CRIME VICTIMS RECEIVE FUNDING FOR SECOND CHANCE

### New Funding = More Services

The Women's Council on African American Affairs, Inc (WCAAA) has worked nearly 10 years to provide needed services to victims in greater Little Rock. The WCAAA birthed the Center for Healing Hearts and Spirits to work with individuals who have been victimized by homicides, sexual assaults, domestic and child abuse, general assaults, and other violent crimes to ensure they transition to a sense of normalcy both emotionally and physically. The Center's goals to assist violent crime victims have been made possible through grant awards from the Department of Justice distributed by the Arkansas Department of Finance and Administration – Intergovernmental Services.

Nearly \$75,000 has been approved for the 2009 – 2010 fiscal year to implement the Center's goals to assist and support victims of violent crimes. Annually, the WCAAA victim's services program provides personal advocacy, crisis intervention, group sessions, court room accompaniment, individual counseling referrals, crime reparations assistance, transportation, spiritual and emotional guidance, and much more to violent crime victims. The program provided over 300 individuals with both direct and indirect services in the 2008 -2009 fiscal year. If you are a violent crime victim or know or someone who is and need assistance, please contact Alma J. Stewart, Volunteer Coordinator at 375-HEAL (4325).



# PHOTO GALLERY



## Kudos For Back-To-School Drive Volunteers!!!!



Rev. McCarther delivers to youth in the neighborhood.



Susie Marks delivers school supplies to Daisy Bates and College Station Elementary Schools.



Raye Loyd delivers school supplies to Harmony Grove Elementary School.



Fateema Smith delivers school supplies to Pulaski Heights Elementary and Middle Schools.



WCAAA staff & volunteer delivers school supplies to Dunbar Magnet School.



Robert Rawls delivers school supplies to Wakefield Elementary School and Felder Learning Academy.



Sabra Miller delivers school supplies to Booker Elementary.



Ronald Dedman delivers school supplies to Oak Grove, Rose City and Clinton Elementary Schools.



Martin Luther King School says thanks for the school supplies.



Meadowcliff Elementary School faculty elated over school supplies provided by Center Staff.



Ms. Johnson's class at Cloverdale Middle School can certainly use these school supplies.



Tamika Edwards delivers school supplies to Washington & Carver Elementary Schools.



Not pictured: Mr. Jake Mosby delivered to Hazen Elementary School, Susie Marks to Landmark Elementary School, Shaunda Williams to Henderson Middle School, Barbara Douglas to WE CAN Inc., and Mrs. Lynn Lincoln to Western Hills Elementary.



*This holiday, there is an empty chair at the dinner table.*



A project of the Women's Council on African American Affairs, Inc.

***We Connect  
People to Services  
That Affect Their  
Hearts, Minds,  
Souls and Bodies.***

Our mission throughout the year is to promote and nurture individuals in areas of education, economic and community development, healthcare issues, public safety and race relations.

The Center for Healing Hearts and Spirits was created to assist victims of violent crimes and terminal illnesses and their affected families to improve the quality of their economic and social environment, transition back into the workforce and to provide for self-sufficiency. The Holidays are especially hard times for families in crisis. We need your help now more than ever.

*What would you do if  
you were in their shoes?*

### ***How You Can Help...***

We are a 501(c)3 non-profit organization. We operate solely on private and public donations. Your tax-deductible dollars will help us in assisting in our community.

We also need energetic, community-oriented individuals who are committed to living smoke-free lives to volunteer at least 2 hours a month. Interested parties please call Joyce at 375-HEAL (4325).



*Yes, I want to help this Holiday Season!*

Amount: ☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ Other \_\_\_\_\_

☐ I would like to donate the following items for the food baskets:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

Center for Healing Hearts & Spirits  
2416 South Chester  
Little Rock, AR 72206

Please mail this completed form and return it with your Holiday donation. Your donation is tax-deductible as allowed by law. You will receive a receipt. Thank you.