

For more
information
on the Rape
Crisis Program,
contact us at:



*"We Connect People To Services
That Affect Their Hearts,
Minds, Souls and Bodies."*

A project of the Women's Council
on African American Affairs, Inc.

2416 S. Chester St.
Little Rock, AR 72206
Phone: 501-372-3800
Fax: 501-372-2150
hhscenter@sbcglobal.net
www.hhscenter.org



Center for Healing Hearts & Spirits
c/o Women's Council on African American Affairs, Inc.
2416 South Chester Street
Little Rock, AR 72206

RAPE CRISIS PROGRAM

1-855-6-HELP-4-U

1-855-643-5748

*Hospital Advocacy
Support Groups
Crisis Hotline
Court Accompaniment*



*"We Connect People To Services That Affect
Their Hearts, Minds, Souls and Bodies."*



A Project of the Women's Council
on African American Affairs, Inc.

www.hhscenter.org

THE CENTER FOR HEALING HEARTS AND SPIRITS was created to assist victims of violent crimes and terminal illnesses and their affected families to improve the quality of their economic and social environment, transition back into the workforce and to provide for self-sufficiency.

OUR MISSION is to promote and nurture individuals in areas of education, economic and community development, healthcare issues, public safety and race relations.

1-855-643-5748
1-855-6-HELP-4-U

The 24-hour Rape Crisis Hotline staff and volunteers will help assist victims through hospital emergency room visits, court accompaniment, and support group sessions. Women and men in Pulaski, Garland, Lonoke, and Saline Counties will be able to access all services at no cost.

Our Major Goals

- Identify and assist victims of sexual assault to overcome the negative aspects of the crime committed against them and to increase their knowledge of the resources available to assist them.
- Increase training opportunities for volunteers assisting victims of sexual assault.

Recovery

The Center for Healing Hearts & Spirits will work on connecting you with the appropriate mental health counseling services to assist you through the stages of recovery. Our advocacy center may help you find financial assistance to pay for these services if you meet certain criteria.

Healing

The healing journey is different for every person, it may take a short or long time, you may learn how to live a fulfilling life while healing. Support groups provide the opportunity to learn from other survivors how their journey has been, but most importantly, you won't feel isolated.

Hope

There will be trained volunteers to bring hope and healing to victims who need help and hope. Survivors may become volunteers once they have reached a healthy stage in their recovery.

Statistics

Every 60 seconds, 13 women (age 18 and over) in the U.S. are forcibly raped. That is 78 women raped each hour; 1871 each day, or 683,000 each year. Taking into consideration that more than half of all rape victims are under the age of 18, this statistic becomes even more devastating.

The American Medical Association has called sexual assault the "silent, violent epidemic."

What is Sexual Violence?

Sexual violence is a sex act completed or attempted against a victim's will or when a victim is unable to consent due to age, illness, disability, or the influence of alcohol or other drugs. It may involve actual or threatened physical force, use of guns or other weapons, coercion, intimidation, or pressure.

Sexual violence also includes intentional touching of the genital, anus, groin, or breast against a victim's will or when a victim is unable to consent; and voyeurism, exposure to exhibitionism, or undesired exposure to pornography. The perpetrator of sexual violence may be a stranger, friend, family member, or intimate partner.

How You Can Help!

We need volunteers! If you are energetic, caring, possess the ability to work with diverse populations, and willing to advocate for victims' rights, we need you! We are a 501 c 3 non-profit organization. Your volunteer time is tax deductible.

Name: _____

Address: _____

Phone: _____

E-mail: _____

Number of Volunteer Hours: _____ Per week ___ Per month