NEED HELP QUITTING TOBACCO?

Tobacco use is the leading preventable cause of disease, death, and disability. Tobacco kills more people than alcohol, AIDS, car crashes, illegal drugs, murders, and suicides combined

In Arkansas, nearly 5,800 people die from tobacco-related illnesses each year.

One of the most important calls a tobacco user can make is to Be Well Arkansas at 833-283-WELL (833-283-9355

It is free and confidential.

be well

833-283-WELL

bewellarkansas.org

Quit Tobacco • Manage Diabetes & High Blood Pressure





THE CENTER FOR HEALING HEARTS & SPIRITS

HEARTS & SPIRITS
2416 South Chester Street
Little Rock, AR 72206

What is THE CENTER FOR HEALING HEARTS & SPIRITS?



We Connect People To Services That Affect Their Hearts, Minds, Souls and Bodies.



A project of the Women's Council on African American Affairs, Inc.

PLACE STAMP HERE



We Connect People To Services That Affect Their Hearts, Minds, Souls and Bodies.

2416 South Chester Street Little Rock, AR 72206 Office: 501-372-3800 Fax: 501-372-2150 hhscenter501@gmail.com www.hhscenter.org

ABOUT US

The Center for Healing Hearts and Spirits is a project of the Women's Council on African American Affairs, Inc. (WCAAA)



Joyce Raynor Executive Director

Our mission is to promote and nurture individuals in areas of education, economic and community development, healthcare issues, public safety and race relations.

The Center for Healing Hearts and Spirits was created to assist victims of violent crimes and chronic illness and their affected families to improve the quality of their economic and social environment, transition back into the workforce and to provide for self-sufficiency.













OUR CLIENTS

- Victims of Child Abuse
- Victims of Domestic Abuse
- Victims of Elder Abuse
- Victims of General Assaults
- Victims of Sexual Assault
- Victims of Rape
- Homicide Survivors and Suicide Survivors/ **Familes**
- Chronically ill Individuals
- Mentally Challenged/Homeless Populations
- Dislocated/Displaced Workers
- Other Desperately Affected Populations
- At-Risk Youth and Adults

OUR SERVICES

- Victim's Services
- Rape Crisis Education
- Community Assistance Education
- Homelessness Outreach Efforts
- Holiday Family Assistance Education
- Annual Back-to-School Drive
- Tobacco Prevention and Cessation Education
- Sexual Assault Prevention Education
- Suicide Prevention Education
- Underage Drinking, Marijuana and Opioid Abuse Education
- Emergency Domestic Violence Shelter Services Education

OUR PROGRAMS

- FVPSA-Victim Services Program
 - Emergency Domestic Violence **Shelter Services** 501.370.4852 - hhscenter.org
- Sexual Assault Crisis & Prevention Awareness Program (Rape Crisis Program)

24-Hour Hotline 1.855.6.HELP.4.U (1.855.643.5748) 501.372.3800 - hhscenter.org

- American Rescue Plan Act II 501.372.3800 - hhscenter.org
- Suicide Prevention Program 501.372.3800 - hhscenter.org
- Youth & Homeless Outreach Program 501.372.3800 - hhscenter.org
- Partnership for Success Program 501.372.3800 - hhscenter.org
- UG3 / NIH Project Heal Violence Intervention Program (Research Project)
 - Black Male Gun Violence Program 501.372.3800 - hhscenter.org