Did You Know?

Eighty-four percent (84%) of all sexual assaults are committed by an acquaintance of the victim. (National Victim Center and Crime Victims Research and Treatment Center, Rape in America: A Report to the Nation, 1992)

Sexual violence remains the most dramatically under-reported crime, with an estimated two-thirds of attacks unreported. (American Medical Association. 1996).

A study of sexual assaults among college students found that 73% of the assailants and 55% of the victims had used drugs, alcohol, or both immediately before the assault. (AMA. Sexual Assault in America. November 6, 1995).



The 24-hour Rape Crisis Hotline staff and volunteers will help assist victims through hospital emergency room visits, court accompaniment, and support group sessions. Individuals in Pulaski, Lonoke, Saline, Garland, Jefferson, Union, Columbia, Ouachita, Dallas Counties will be able to access all services at no cost.

1-855-643-5748 1-855-6-HELP-4-U

For more information, contact:



"We Connect People To Services That Affect Their Hearts, Minds, Souls and Bodies."

A project of the Women's Council on African American Affairs, Inc.

2416 S. Chester St., Little Rock, AR 72206 Phone: 501-372-3800 • Fax: 501-372-2150 hhscenter501@gmail.com • www.hhscenter.org



SEXUAL ASSAULT CRISIS & PREVENTION AWARENESS PROGRAM

1-855-6-HELP-4-U 1-855-643-5748

Education and Awareness Hospital Advocacy Crisis Hotline Court Accompaniment

"We Connect People To Services That Affect Their Hearts, Minds, Souls and Bodies."



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THE CENTER FOR HEALING HEARTS AND SPIRITS was created to assist victims of violent crimes and terminal

families to improve the

illnesses and their affected



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quality of their economic and social environment, transition back into the workforce and to provide for selfsufficiency.

OUR MISSION is to promote and nurture individuals in areas of education, economic and community development, healthcare issues, public safety and race relations.

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Our Major Goals

- Assist victims of sexual assault and/or stalking with direct victim services-identify and assist victims of sexual assault to overcome the negative aspects of the crime committed against them and to increase their knowledge of the resources available to assist them
- Provide prevention education to community residents- increase training opportunities for volunteers assisting victims of sexual assault
- Increase the knowledge of first responders who assist victims of sexual assault and stalking

Education

Trained staff will alleviate the impact of rape and sexual assault on Arkansans by providing education and awareness programs, services and training on rape and sexual assault prevention.

Recovery

The Center for Healing Hearts & Spirits will work on connecting you with the appropriate mental health counseling services to assist you through the stages of recovery. Our advocacy center may help you find financial assistance to pay for these services if you meet certain criteria.

Healing

The healing journey is different for every person, it may take a short or long time, you may learn how to live a fulfilling life while healing. Support groups provide the opportunity to learn from other survivors how their journey has been, but most importantly, you won't feel isolated.

Hope

There will be trained volunteers to bring hope and healing to victims who need help and hope. Survivors may become volunteers once they have reached a healthy stage in their recovery.

What is Sexual Violence?

Sexual violence is a sex act completed or attempted against a victim's will or when a victim is unable to consent due to age, illness, disability, or the influence of alcohol or other drugs. It may involve actual or threatened physical force, use of guns or other weapons, coercion, intimidation, or pressure.

Sexual violence also includes intentional touching of the genital, anus, groin, or breast against a victim's will or when a victim is unable to consent; and voyeurism, exposure to exhibitionism, or undesired exposure to pornography. The perpetrator of sexual violence may be a stranger, friend, family member, or intimate partner.

Statistics

Every 68 seconds someone in America is a victim of sexual assault.

1 out of every 6 women has been the victim of an attempted or completed rape.

1 out of 33 men have experienced an attempted or completed rape in their lifetime.

Every 9 minutes a child is a victim of sexual assault.

By age 18, 1 in 4 girls will be sexually assaulted; by age 18, 1 in 6 boys will be assaulted. On average, there are 463,634 victims (age 12 or older) of rape and sexual assault reported each year in the United States.

How You Can Help!

We need volunteers! If you are energetic, caring, possess the ability to work with diverse populations, and willing to advocate for victims' rights, we need you! We are a 501 c 3 non-profit organization. Your volunteer time is tax deductible.

Name:	
Address:	
Phone:	
E-mail:	
Number of Volunteer Hours:	Per week Per month